



Ontario Blind Sports Association (OBSA)

Quest for Gold – Ontario Athlete Assistance Program 2018-2019

ATHLETE SELECTION CRITERIA – Athletics (Visually Impaired)

- 1.0** *Quest for Gold – Ontario Athlete Assistance Program 2018-2019 (OAAP)* is funded by the Government of Ontario, through the Ministry of Tourism, Culture and Sport (MTCS), and operated through the Sport, Recreation & Community Programs Division. The overarching goal of the *Quest for Gold – OAAP* is directly related to the High Performance Sport goal of the *Canadian Sport Policy* – that Canadians are systematically achieving world-class results at the highest levels of international competition – by improving the performance and number of Ontario athletes performing at the national and international level, thereby contributing to the improved performance of Canada at international competitions.

Specific objectives of the program are:

- a) To help athletes continue their pursuit of athletic excellence at the highest levels of national and international competition;
- b) To encourage athletes to stay in Ontario to live and train;
- c) To compensate athletes for earnings lost while training;
- d) To enable athletes to successfully pursue excellence in sport while fulfilling their educational goals;
- e) To increase athlete access to improved high performance coaching; and
- f) To enhance training and competitive opportunities available to athletes.

The intent of the OAAP is to provide funding to individual athletes in the sport's Train to Train through Train to Win categories based on their demonstrated commitment to high performance sport, allowing them to continue to pursue athletic excellence at the highest levels of national and international competition. **Only those athletes that meet the required minimum performance standard detailed in this Selection Criteria will be considered for this program.** Ideally an athlete will first receive a Quest for Gold "Ontario Card" for 1 to 3 years, which will allow them to train towards the goal of a national team position in subsequent years. Once an Ontario athlete reaches the national level and becomes a recipient of Sport Canada's carding program, they become eligible for the Quest for Gold "Canada Card". Athletes who are not planning to train towards this level of competition should not apply for this program.

2.0 How does it work?

In accordance with the OAAP guidelines, OBSA develops sport-specific selection criteria and forms a Selection Committee that will apply these criteria. The top-ranked athletes, based on the criteria, will be awarded Ontario Card status in 2018-2019. This Selection Criteria has been approved by the OBSA and reviewed by MTCS staff. Nominated athletes will be required to sign and comply with an Athlete Agreement between the athlete and OBSA. Carding status will be for one year starting April 1, 2018 ending March 31, 2019.

Carded athletes will be required to compete exclusively on behalf of the Province of Ontario at National Championship events and for Canada at International Championship events, for a period of one year from the date carding is approved and acknowledge Ontario as their permanent place of residence on athlete profiles, Media Guides, PSO/NSO and personal websites, and in similar types of public communications.

- 2.1 For 2018-2019, the MTCS has allocated OBSA a total of 6 Ontario cards (split evenly as 3 male and 3 female Cards).

OBSA is not obligated to assign all Ontario Cards if there are an insufficient number of athletes who have demonstrated potential to be considered for future National Teams.

- 2.2 The Selection Committee, as approved by the OBSA is comprised of the following members:

Jason Dunkerley, Sport Advisor
Craig Blackman, Talent ID
Kyle Pelly, Liason Officer
Richard Amelard, Program Manager

How much funding is available?

The exact level of funding for the 2018-2019 carding year will be determined by the MTCS after the total number of athletes nominated for Ontario Card status has been determined. Funding will be released prior to March 31, 2019.

How will the OBSA Selection Committee decide who receives funding?

The OBSA Selection Committee will use the Ministry of Tourism, Culture and Sport Eligibility Criteria and the Sport Specific Selection Criteria detailed below to determine which athletes will be nominated for Ontario Card status in 2018-2019:

3.0 Ministry of Tourism, Culture and Sport Eligibility Criteria:

All athletes must meet the Ministry of Tourism, Culture and Sport's minimum athlete eligibility criteria:

- Athlete must be a Canadian citizen or permanent resident (previously known as a Landed Immigrant).
- Athlete must be a permanent resident of Ontario **for one year prior** to his/her nomination for carding status, (and continue to be a permanent resident throughout the term of the agreement).
- Athletes who have achieved Canada Card status (carded by Sport Canada) are not eligible for Ontario Cards.
- Athletes must be living in and continuing to train in Ontario.

3.1 Residency Exceptions:

Exceptions to these criteria, known as a "Residency Exception" will be considered **on a case specific basis by the OBSA** Selection Committee provided that the athlete can substantiate in writing that:

- (a) He/She cannot receive the required level of training in Ontario and is out of the province **temporarily** during the year (i.e. due to lack of facilities, coaching, competitions);
- (b) He/She must attend a post-secondary institution out-of-province either because the course of study is not offered by an Ontario institution; or
- (c) It is more financially feasible to attend a post-secondary institution out-of-province, or other extenuating circumstances that require the athlete to be out of the province.

Any change in an athlete's residency status must be communicated in writing to the PSO/MSO immediately.

The onus is on the athlete to demonstrate that he/she needs to be out-of-province for one of the above reasons. **The athlete must submit written documentation to the OBSA by no later than February 1, 2019, clearly indicating how they meet a residency exception(s).**

Athlete's applying for a Residency Exception related to exception (a) above, who are training at an NSO-approved National Training Centre MUST include a letter from the NSO outlining their support for the athlete,

the progress the athlete is making and the athlete's potential to make the national team level. Additional documentation may include, but shall not be limited to an explanation of why the athlete is training out of province, whether or not the athlete was formally invited by the NSO, what additional opportunities are being made available beyond those provided in Ontario; and any other information that will illustrate that the athlete is receiving enhanced training while still meeting all obligations of the OBSA.

3.2 Length of time living outside Ontario:

Athletes living outside Ontario for more than 30 consecutive days within the ministry fiscal year 2018-2019 for athletic or academic purposes must demonstrate, to the satisfaction of the PSO/MSO Selection Committee that appropriate training programs are in place and are being monitored by the PSO/MSO. The onus is on the athlete to:

1. Provide a written plan outlining their training and competition plans to the PSO/MSO prior to their departure from Ontario, as part of their Residency Exception request (due February 1, 2019); and
2. Adhere to the PSO/MSO-approved competition and training plan throughout the carding cycle. At a minimum, this requires regular (Monthly) contact by the athlete with the PSO/MSO (Program manager); and
3. Submit regular (Monthly) training logs to the PSO/MSO to track progress against the PSO/MSO-approved competition and training plan.

Athletes who were formally invited to and are currently participating in their NSO's national team training program are exempt from this requirement.

3.3 **Ministry criteria continued:**

- Athlete must be a member in good standing with PSO/MSO and NSO where applicable;
- Athlete must have entered into a Sports Organization - Athlete Agreement with his or her PSO/MSO and must be in full compliance with the terms and conditions of that agreement;
- Athlete must have met all terms and conditions of any previous *Quest for Gold* Sports Organization – Athlete Agreements to the satisfaction of the PSO/MSO in order to be eligible for consideration in 2018-2019;
- Athlete must demonstrate a commitment and dedication to a proper training and competitive program, the goal of which is to continue to train towards a national team position and Sport Canada carding;
- Athlete's coach should be minimum Level 2 NCCP certified or trained status Competition Stream or the sport's equivalent in the Instruction Stream, or be engaged in completing this training, as determined by the PSO;
- Athlete must not be under a sanction that prohibits competition as per the Canadian Anti-Doping Policy;
- Athlete must be attending an educational institution full-time (i.e. elementary and secondary schools):
 - Exceptions will be made provided that the athlete can substantiate that his/her training will not allow for full-time attendance or if an athlete requires special needs that preclude full or part-time attendance (e.g. Athlete with a disability (AWAD) athlete);
- Athletes who have completed their area of study at the secondary level (i.e. high school) and who continue to train towards participation in major national or international competitions will also be considered;
- If eligible, the athlete must compete, and continue to compete solely for Ontario and/or Canada for one year from the date of the Minister's letter informing the athlete of acceptance into OAAP program, at Canada Games and other national competitions involving provincial team competitions;
- Athlete must not receive financial support from any other provincial/territorial athlete assistance program. This does not include academic scholarships, bursaries, student grants, student loans, social assistance, disability pensions, and other forms of financial assistance that have nothing to do with competitive sport.
- Eligibility will be limited to Ontario junior-aged athletes, ages 11-22 ("junior-aged" refers to chronological age, not a sport's specific age category - only exception is for PSO/MSOs using 30% of Ontario Card allotment for athletes older than 22 years of age who have been identified as a potential next generation national team athlete by the PSO/MSO's selection process.

3.4 Residency Exemption for Military Families: The one-year Ontario residency requirement is waived for any Ontario Card or Canada Card applicant who is a spouse or dependant of a: Regular Force member of the Canadian Forces; or Reservist currently deployed by the Canadian Forces into active service and who takes up residence in Ontario during the fiscal year. This means that eligible military family members now qualify for OAAP funding immediately upon becoming residents of Ontario. Please contact OBSA for more information if you are applying for this exemption.

- To be deemed a potential next generation national team athlete, the athlete must be age-eligible to compete on the national team in the year following receipt of Ontario Card funding.
- All athletes under the age of 18 must have their parent or legal guardian sign their OAAP application form. Cheques will be processed in the name of the eligible athlete.
- An athlete can only be nominated to receive *Quest for Gold* funding in one sport.

4.0 Athletes funded through the Sport Canada AAP:

Ontario athletes who have been nominated and accepted for funding through Sport Canada's AAP within the government of Ontario's fiscal year (April 1, 2018 to March 31, 2019) and who continue to meet AAP and OAAP eligibility requirements will automatically be considered for a *Quest for Gold* 'Canada Card'. MTCS will contact those athletes directly at the mailing and email addresses the athlete provided to Sport Canada. Athletes are solely responsible for ensuring that their contact information is kept accurate and up to date at all times.

An athlete who received Sport Canada AAP carding during any part of MTCS' fiscal year April 1, 2017 to March 31, 2018 and/or any part of fiscal year April 1, 2018 to March 31, 2019 and is no longer in receipt of Sport Canada Athlete Assistance shall not be eligible to receive *Quest for Gold* funding during fiscal year 2018-2019 (April 1, 2018 to March 31, 2019.)

The intent of this rule is to prevent athletes whose performance levels and rankings no longer qualify them for Sport Canada carding from taking an Ontario Card from a future national-level athlete.

4.1 Canada Card Exception (CCE)

Exceptions may apply to this rule (known as a **Canada Card Exception (CCE)**) and will be considered by the Ministry on a case-by-case basis. Exceptions may include, but may not be limited to logistical or administrative changes (e.g. reduction in Sport Canada carding allocation), injuries, etc.

It is the sole responsibility of the athlete to contact OBSA Selection Committee prior to February 1, 2019 to request a CCE. The athlete must submit, in writing, an explanation of why they have not been, or do not expect to be re-carded by their NSO. The submission must include a statement from the NSO, signed and dated on their letterhead, confirming that the athlete still has potential to return to the NSO's carding program in the future. It is the responsibility of the athlete to submit this letter to the PSO; the OBSA will not obtain this letter from the NSO on the athlete's behalf.

OBSA will then contact MTCS in writing prior to the submission of the Athlete Nomination Form to seek individual Canada Card Exceptions. OBSA is not responsible for seeking a CCE for any athlete unless requested to do so by the athlete as detailed above.

5.0 National College Athletic Association (NCAA):

On August 1, 2013, the NCAA revised their By-law that previously prevented an athlete from accepting grants from a governmental entity, such as Quest for Gold. Despite this change, any athlete considering an application to an NCAA institution is strongly encouraged to contact the NCAA Eligibility Center prior to applying for QFG funding.

The onus is entirely on the athlete to determine the impact of accepting OAAP funding on current or future NCAA eligibility and to decide whether or not to accept OAAP funding. The athlete will be required to

acknowledge this onus and responsibility when signing the OAAP Ontario Card application form and agreeing to the related terms and conditions of the program. Athletes are strongly encouraged to contact the NCAA Eligibility Center to determine the impact of *Quest for Gold* - OAAP funding on current or future eligibility for a NCAA scholarship or on eligibility to compete in a non-scholarship NCAA sport.

National Collegiate Athletic Association www.ncaa.org

NCAA Eligibility Center mailing address:

NCAA Eligibility Center P.O. Box 7136, Indianapolis, IN 46207

Toll-free phone number (U.S. callers) - Customer service line – 877-262-1492

Phone number (international callers) - Customer service line – 317-223-0700

6.0 OBSA Athlete Selection Criteria:

The following sport specific athlete selection criteria will be utilized in the identification, ranking and selection of athletes for Ontario Cards:

OBSA is not obligated to allocate all cards if there are insufficient quantities of athletes that meet the standards. The following sport specific athlete selection criteria will be utilized in the identification, ranking and selection of athletes for Ontario Cards:

- Athlete must be a member in good standing with Athletics Ontario and the OBSA. The athlete must also complete and submit a registration form for OBSA.
- All qualifying athletes must list a coach in their application who is registered as a coach with OBSA and/or Athletics Ontario.
- Classification categories include T11, T12, T13, F11, F12, F13
- There will be no specific age categories for Quest for Gold funding. The Quest for Gold program is meant to assist athletes on their path towards the national program and will be used accordingly.
- All athletes' performances will be compared by using the Athletics Canada (AC) Point Score system. The AC Point Score system is a living tool that is updated annually based on added performances throughout the season. Please refer to Appendix C for the AC Point Score Table.

Scoring Points

- Selection of athletes will be based on an AC Point Score that each athlete is given. This process goes as follows:
 - o The average of an athlete's best two performances achieved in the 2017-18 season will be used for scoring in the AC Point Score system
 - o The two best performances must be made in the same event at different competitions in the 2017-18 season (different day and different meet)
 - o Relay events cannot be used as best two performances for purpose of application
 - o Points will be calculated by the Selection Committee using the AC Point Score system
- The average of an athlete's best two performances must be equal to or better than an AC Point Score of 500. Achieving this threshold makes the athlete eligible to apply. Please refer to Appendix C for the 500 AC Point Score threshold for all events.
- The time period allowed for athletes to achieve their top performances for all events is from December 1, 2017 to November 30, 2018.
- Performances must be made in Athletics Ontario-sanctioned or Athletics-Ontario approved competitions and all pertinent information must be available and provided with their application (result, date, location, meet, wind readings). All performances must be verified and verifiable. The responsibility of providing accurate information lies with the applying athlete, club and/or coach. All

applicants must include official results of all performances used in the application in a hard copy format or by providing a link to the online results. (Complete Appendix A)

- High school results will be accepted if they meet the above criteria.
- Hand times may not be used for qualifying performances in races of 400m or less in distance.
- Athletes may apply for the Quest for Gold AAP in one or more events, but can qualify for funding in only one event.

Note: please feel free to use a separate page if you require more space

7.0 Breaking a Tie:

- Ties for the final position(s) in the Quest for Gold AAP will be resolved on the following basis:
 - o AC Point Score for the athletes' 3rd best results

NOTE: If an athlete does not have a 3rd best, they will receive a score of "0".

8.0 Failure to Meet Selection Criteria for Health-related Reasons

Athletes who, for strictly health-related reasons, have not achieved the standards required for nomination of carded status **may** be considered for nomination under the following conditions:

- The athlete has fulfilled all reasonable training and rehabilitation requirements aimed at a speedy return to full high-performance training and competition during the period of his or her injury, illness or pregnancy and, despite making every reasonable effort to attain the applicable carding standards during the year in which the injury, illness or pregnancy occurred, has failed to do so, in the view of the PSO/MSO, for reasons strictly related to the injury, illness or pregnancy.
- The OBSA, based on its technical judgement and that of a PSO/MSO team physician or equivalent, indicates in writing the expectation that the athlete will achieve at least the minimum standards required for carding during the upcoming carding period.
- The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high-performance training and competition goals, as well as his or her intention to pursue full high-performance training and competition throughout the carding period for which he or she wishes to be renewed despite not having met the carding criteria.

Selection Criteria for Athletes Unable to Meet Selection Standards due to the Health Issues

- **Results from previous competitive season input into AC Point Score system.**

9.0 Alternates: OBSA will also nominate alternates to those athletes nominated for Ontario Card status. Alternates will be those athletes who are ranked directly behind those athletes nominated for the allotment of Ontario Cards in a particular category/discipline. The names of alternates will be published along with the names of nominated athletes. If an athlete drops out or is removed from the OAAP an alternate will be substituted into that athlete's position, provided that:

- Alternate is substituted within 2018-2019 fiscal year;
- An alternate meeting all requirements is available from the same category/discipline/card level (Full/Half);
- Funding for athlete being substituted is still available within fiscal year (e.g. full funding for card has not already been paid out to athlete no longer in program).

10.0 To Apply:

- All athletes applying for the Quest for Gold AAP must submit a training schedule and competition plan for the 2018-19 season (Appendix B). The athlete's coach must also sign the plan, verifying that the

athlete has committed to an ongoing, comprehensive well-considered training schedule aimed at high performance in the athlete's selected event.

- All athletes nominated by OBSA for the Quest for Gold AAP will be required to complete a formal application form with the Ministry of Tourism, Culture and Sport, and sign a Sport Organization – Athlete Agreement.

Please read this entire Athlete Selection Criteria document and complete and submit the following:

- A typed application letter to the OBSA Selection Committee. The application letter must address and detail the following:
 - Name, date of birth, phone number, email address
 - Number of years in the AAP Quest for Gold program (if applicable)
 - Number of years competing in this sport
 - Name of athletics club you are affiliated with
 - Name and NCCP certification status of coach (include NCCP #)
 - Official classification of athlete (include date and competition when this took place)
 - How funding will be spent
 - Objectives expected to achieve as part of the AAP Quest for Gold program
 - Daily training environment
 - Long-term sport goals
 - If track (T11, T12) athlete, do you run with a guide? Is this a permanent guide situation?
- List of all camps and competitions attended during the 2017-18 season.
 - (Please fill out template in Appendix A)
- List of all camps and competitions you plan on attending during the 2018-19 season.
 - (Please fill out template in Appendix B)
- Completed sample weekly training schedule (must be signed by coach)

All above-listed required information must be submitted no later than **February 1, 2019** to:

Richard Amelard
richard@blindsports.on.ca
101 – 100 Sunrise Ave
Toronto, ON
M4A 1B3
416-426-7244

- 10.1** Any athlete requesting a “Residency Exception” must submit this information by February 1, 2019 as detailed above.
- 10.2** It is the sole responsibility of the athlete to provide a full and complete application that meets all stated requirements. OBSA will neither review applications in advance of the deadline in order to make applicants aware of any missing/incorrect information and/or attachments nor make corrections on behalf of the athlete. Any revisions on the part of the athlete will only be accepted prior to the posted submission deadline.

Applications that are sent directly to the Ministry of Tourism, Culture and Sport rather than to OBSA will not be considered valid or to have been received by the OBSA deadline.

- 10.3** An email will be sent by **February 2, 2019** confirming receipt. It is the athlete's responsibility to contact the OBSA if this email is not received to be certain that the application has been successfully received by the deadline date.

The Sports Organization – Athlete Agreement will only come into effect if an athlete is selected and accepts carding status through the OAAP program. Athletes who fail to return a signed Athlete Agreement by the deadline date will not be carded.

- 10.4** **OBSA** will publish or make known a draft list of athletes nominated for Ontario Card status by no later than **February 15, 2019**.

In the event of a conflict or inconsistency between the MTCS eligibility requirements detailed in the MTCS binder provided to PSO/MSOs and duplicated in the Athlete Handbook provided to each nominated athlete and the eligibility requirements listed in the PSO/MSO Athlete Selection Criteria Document prepared by the PSO/MSO, the MTCS Binder/Athlete Handbook shall prevail.

11.0 Appeals

Athletes who have not been nominated for an Ontario Card by the OBSA Selection Committee or who have been nominated for a 'Half Card' versus a 'Full Card', where applicable will be allowed to appeal that decision by filing a "Notice of Appeal" with MTCS. Appeals will be heard by an Appeals Committee comprised of representatives from the sport community, selected by the MTCS.

Grounds for appeals will be limited strictly to issues related to:

- A) Whether or not the Selection Committee has completed the selection process in accordance with its own published selection criteria and related procedures;
- B) Whether or not the Selection Committee applied the selection criteria in a manner that was free from bias, discrimination and/or conflict of interest.

Issues related to the specific content or selection requirements contained in the OBSA Selection Criteria are not grounds for an appeal and should therefore be discussed directly with the leadership of OBSA.

Please note that before an athlete can file a Notice of Appeal, he or she must first ask OBSA for reasons explaining why he or she was not nominated for an Ontario Card.

If the athlete is not satisfied with the OBSA response, the athlete may submit a **Notice of Appeal**, found below. A Notice of Appeal will only be accepted from the athlete or their parent/guardian on the MTCS-provided template (typed or hand-printed, no hand-written entries) through email, regular post, registered mail, courier or delivered in person. One appeal cannot be written on behalf of multiple athletes. The Notice of Appeal must be received by MTCS by noon on the deadline day. Appeals that are delivered personally or by courier shall be deemed to be received on the date of delivery.

Once MTCS has received the Notice of Appeal, it will share it with OBSA, who will then submit a **"Response"** with MTCS by a specified deadline. The Response will outline why OBSA believes that the Selection Committee's decision not to nominate the athlete should be upheld by the Appeals Committee. MTCS will share the OBSA Response with the athlete.

If, after receiving the OBSA Response, the athlete believes that OBSA has raised new or additional reasons to justify the Selection Committee's decision not to nominate the athlete for an Ontario Card, then the athlete will have an opportunity to file a **"Reply"** with MTCS, responding to these additional reasons. The Reply must be limited to these additional reasons and cannot be used to make submissions already raised in the Notice of

Appeal, or that the athlete neglected to include in the Notice of Appeal. The Reply will only be accepted on the MTCS-provided template.

Once MTCS receives the Notice of Appeal, the Response, and the Reply (if applicable), it will provide those materials to the Appeals Committee. The Appeals Committee will discuss all appeals at once. During its review of the appeals, the Appeals Committee reserves the right to request additional information from both the athlete and OBSA.

After reviewing an appeal the Appeals Committee will have the authority to:

1. Direct OBSA to redo the selection process using the correct criteria/process and submit a new list of nominated athletes;
2. Deny the appeal; or
3. Allow the appeal and nominate the appellant for carding status.

Once the Appeals Committee has reached its decision, it will contact the athlete and OBSA in writing to communicate its decision and the reasons therefore.

An athlete who has had his or her appeal denied is not permitted to submit a second appeal to the Appeals Committee on the same or different grounds.

Note: OBSA is encouraged to resolve disputes or disagreements informally with athletes who have not been nominated to avoid, wherever possible, formal appeals.

11.1 The deadline for athletes to submit an “**Athlete’s Notice of Appeal**” to the Appeals Committee is **February 26, 2019 at 12 noon**

11.2 Appeals must be completed on the Notice of Appeal template below and will be directed to:

Quest for Gold Appeals Committee
c/o Sport, Recreation and Community Programs Division
Ministry of Tourism, Culture and Sport
777 Bay Street, 18th Floor
Toronto ON M7A 1S5

**2018-2019 Quest for Gold – Ontario Athlete Assistance Program
Athlete’s Notice of Appeal Template**

The deadline for an athlete to submit an appeal to the Appeals Committee is 12 noon on February 26, 2019. Appeals will only be accepted on the MTCS-provided Notice of Appeal template. **Please refer to the appeals section of your PSO/MSO’s Athlete Selection Criteria document prior to completing this form.**

Return form to:

**Quest for Gold Appeals Committee
c/o Ministry of Tourism, Culture and Sport
Sport, Recreation and Community Programs Division
777 Bay Street, 18th Floor, Toronto ON M7A 1S5 Email: Scott.Cooper@ontario.ca**

Full Name _____
Address _____ City _____
Postal Code _____ Phone _____ Email _____
Sport / PSO _____

Reason for Appeal (Check all that apply):

- Whether or not the PSO/MSO has completed the selection process in accordance with its own published selection criteria and related procedures;
- Whether or not the PSO/MSO applied the section criteria in a manner that was free from bias, discrimination and/or conflict of interest.

Provide a two-line summary of the reason for the appeal:

In the space below, (continue on to next page as needed) provide the reasons communicated to you by your PSO/MSO as to why you were not nominated for an Ontario Card, and the date the information was provided. (Note: This Appeal will not be accepted unless it contains a response from your PSO/MSO.)

Date of PSO response: _____

2017/18 CAMPS AND COMPETITIONS

2017/18 Competition Schedule				
	Name and Location of Competition	Date (dd/mm/yyyy)	Result(s) (also include online link or attached hard copy)	Wind Reading(s)
1				
2				
3				
4				
5				
6				

Note: please feel free to use a separate page if you require more space

UPCOMING 2018/19 CAMPS AND COMPETITIONS

2018/19 Camp & Competition Schedule			
	Name and Location of Competition	Date (dd/mm/yyyy)	Performance Goal(s)
1			
2			
3			
4			
5			
6			

Note: please feel free to use a separate page if you require more space

APPENDIX C

Athletics Canada Point Score System**Track**

Event	Classification	AC Score	Men	Women
100m	T11	500	0:00:13.04	0:00:15.13
100m	T12	500	0:00:12.78	0:00:15.03
100m	T13	500	0:00:12.58	0:00:15.11
200m	T11	500	0:00:29.23	0:00:30.74
200m	T12	500	0:00:28.38	0:00:30.53
400m	T11	500	0:01:02.68	0:01:15.04
400m	T12	500	0:01:01.38	0:01:12.57
400m	T13	500	0:01:00.74	0:01:13.36
800m	T11	500	0:02:25.76	
1500m	T11	500	0:04:48.66	0:05:37.91
1500m	T12	500	0:04:38.60	0:05:08.23
1500m	T13	500	0:04:39.13	0:04:54.30
5000m	T11	500	0:16:12.91	
5000m	T12	500	0:16:12.91	
5000m	T13	500	0:16:12.91	
Marathon	T11	500	2:54:31.58	4:16:17.83
Marathon	T12	500	2:46:32.58	3:57:23.83

Field

Event	Classification	AC Score	Men	Women
Shot Put	F11	500	9.25	6.87
Shot Put	F12	500	11.37	9.09
Shot Put	F13	500	8.48	8.63
Discus	F11	500	27.07	17.75
Discus	F12	500	30.32	28.13
Discus	F13	500	27.75	21.20
Javelin	F11	500	36.03	18.28
Javelin	F12	500	42.08	27.57
Javelin	F13	500	42.56	25.51
Long Jump	F11	500	5.21	3.82
Long Jump	F12	500	5.80	4.97
Long Jump	F13	500	5.63	4.76
Triple Jump	F11	500	11.53	
Triple Jump	F12	500	13.22	
Triple Jump	F13	500	11.86	